

Be Encouraged: Catholic Support for Mental Health and  
St. Robert Bellarmine Parish present:

RED BIRD MINISTRIES <sup>TM</sup>  
**Remember**

AN EVENING OF REFLECTION  
ON GRIEF AND SUICIDE LOSS

The loss of a loved one to suicide has its own unique complexity of grief and pain. Join us for an evening of reflection that will weave together the hope found in our Catholic Faith with a deeper understanding of the grieving process of suicide loss. The evening will include short talks and prayer for our loved ones.

FRIDAY, NOVEMBER 6, 2026 - 6:00-8:30 PM

St. Robert Bellarmine Parish  
856 Euclid Ave - Warrington, PA

**SPEAKERS**

**Sr. Kathryn Maney, MS**, Author of *Remember*,  
a Catholic program for grief and suicide loss and  
**Elizabeth Leon**, Director of Family Support, Red Bird Ministries

**REGISTRATION**

No cost to attend, but please register  
in advance using the QR code  
or by visiting [PhillyCatholicMH.org/events](https://PhillyCatholicMH.org/events).

Seating is limited  
to 50 people.  
Early registration  
recommended.

**QUESTIONS?**

Contact Natalie Morales, [namorales@archphila.org](mailto:namorales@archphila.org)  
or Meghan Cokeley, [mcokeley@archphila.org](mailto:mcokeley@archphila.org)



The Catholic Church  
of Philadelphia

